

the newham mag

ISSUE 154
20 September 2008

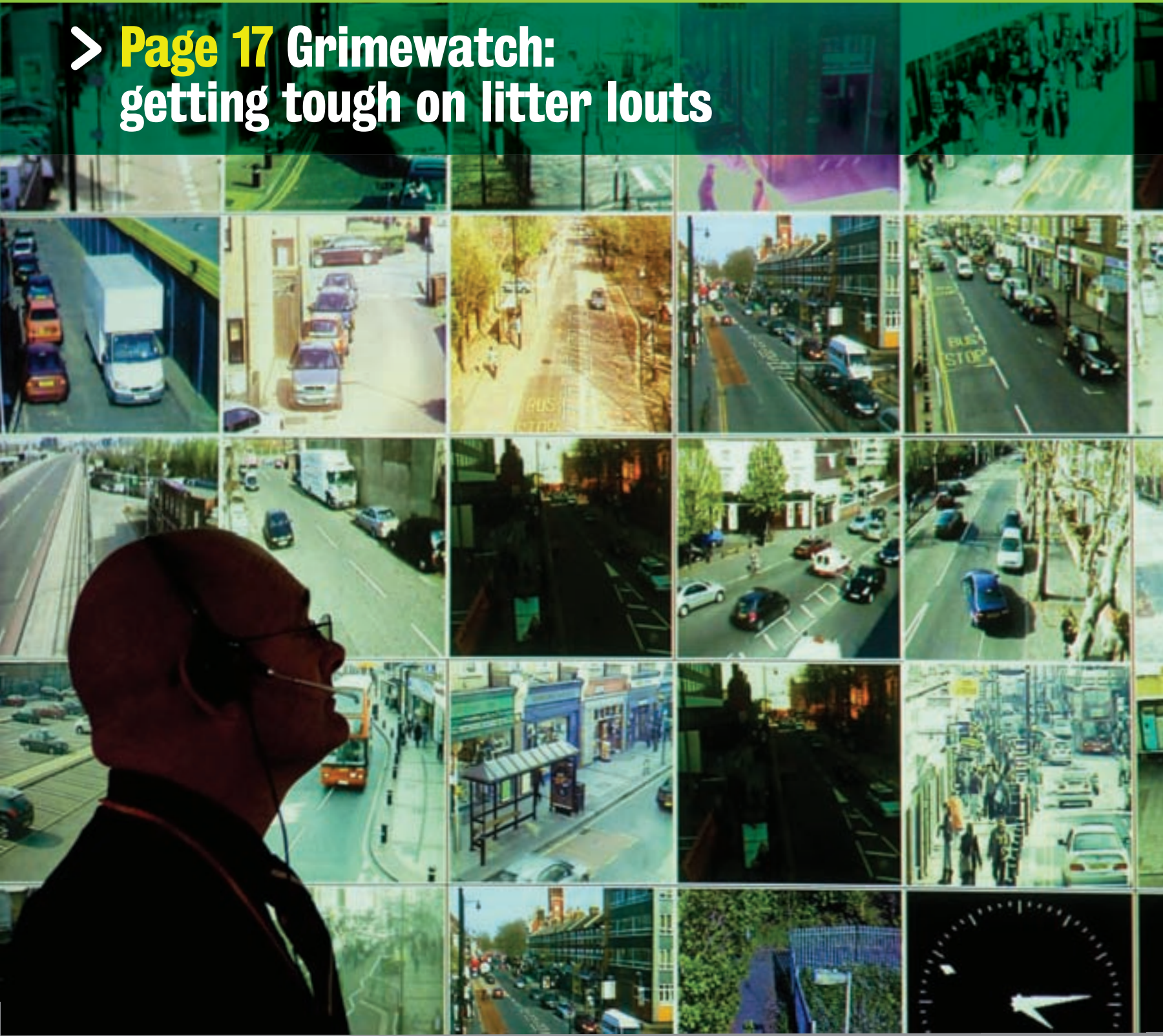


Page 24
Guarding
the
vulnerable



Page 28
A fair
cop

> **Page 17** Grimewatch: getting tough on litter louts



Fostering

Change a child's future



Call Newham Fostering and Adoption Service
on 0800 0130 393 to find out more.

www.newham.gov.uk/fostering

the newham mag

Look out for the next issue from 4 October

contents

20 September 2008 // issue **154**



Dirty streets equal dismal streets. In this issue we're warning litter louts of a new scheme that's ready to name and shame culprits for chucking rubbish on our roads. We take a look behind the scenes at Richard House Hospice and explain how the

council is working to eradicate adult abuse. If you're an unemployed parent looking for work, turn to page 18 to read how the council can help you.

Anita



On the cover:
Eyes in the skies
– cracking down on litterbugs

EDITOR: Anita Plaha 020 8430 4533
DEPUTY EDITOR: Emily Bynoe 020 8430 6191
REPORTERS: Deirdre Wallace, Catherine Etoe
DESIGN: Adam Renvoize, Paul Nunn, Karen Registe
STAFF PHOTOGRAPHER: Andrew Baker
ADVERTISING: Julie Madell 07890 529 090
PRINT/REPROGRAPHICS: Woodford Litho Ltd
DISTRIBUTION: Letterbox distribution



**Don't forget to recycle
your Newham Mag
once you've read it**

**For all Newham Council services call
020 8430 2000 or visit www.newham.gov.uk**

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 8430 4533, write to The Newham Mag, Newham Town Hall, East Ham, E6 2RP or email newham.mag@newham.gov.uk

Regulars

- 04 NEWS** – Four pages of news and pictures from across the borough
- 08 MAYOR'S VIEW** – All the news from Sir Robin Wales
- 18 WORKING LIVES** – John Hoang explains the new scheme linking you to good jobs
- 30 NEWHAM IN FOCUS** – Community news from your part of the borough
- 32 KIDS' CORNER** – Puzzles, pictures and poems for our younger readers
- 34 YOUR SPACE** – James Beckles gives the benefit of his experience
- 35 WHAT'S ON** – Four pages of activities and events for you to try – most of them free of charge



24



28



10



14

Features

- 10 HOME AT RICHARD HOUSE** – Behind the scenes at the hospice
- 12 RAMADAN** – A personal view
- 14 SECRET GARDENER** – A very special oasis in Plaistow
- 15 YOUNG MAYOR ELECTIONS** – Get involved in your area
- 16 OLYMPIC INSPIRATION** – Short films starring residents
- 17 LITTERBUGS LOSE OUT** – The council's new CCTV camera scheme
- 20 SPORTS FOR ALL** – What's on offer for disabled residents
- 21 CULTURAL OLYMPIAD** – The launch event line-up
- 22 SCHOOL IMPROVEMENTS** – Plans for two Newham schools
- 23 SHAPING LEE VALLEY** – How you can get involved
- 24 KEEPING ADULTS SAFE** – How to recognise types of abuse
- 26 LOG INTO LIBRARIES** – The virtual world at your fingertips
- 28 CLASSROOM COPS** – Pcs making schools safe



Published by the London Borough of Newham

Council tenants – we want to hear from you



If you're a tenant of Newham Homes or a Tenant Management Organisation, a questionnaire may soon arrive through your door asking for your views on the services your landlord provides. Ipsos MORI, the independent research company, are working for the council to find out what

you think about your home, your landlord and your neighbourhood. At Newham, we work hard to continually improve our services and this is just one part of our programme to get your opinions on them.

If you receive a questionnaire, please do take the time to fill it in so

that your opinion counts. It's very easy to complete and will only take about ten to 15 minutes of your time. All the information you provide will be completely confidential. If you want to know more about the survey, you can contact Ipsos MORI on their freephone line on 0808 238 5402.

Time is running out to collect free blue badge locks



If you received a letter between January and March this year saying that you are entitled to a free blue badge lock, you have until 1 October to collect it from your local service centre. You are entitled to a free Blue Badge lock if you live outside of a controlled parking zone (CPZ) and have an adopted disabled parking bay. After 1 October, the locks will NOT be available from Local Service Centres. If you live outside of a CPZ and have not got an adopted bay, or if you need more information, please visit your Local Service Centre or call 020 8430 2000.

Wheelie big crack down on anti-social behaviour in parks

The council has introduced new Ecoriders to help tackle crime and anti-social behaviour in the borough's parks. Newham Council brought in the vehicles to help the parks constabulary team maintain safety. The officers will patrol the parks on the two-wheeled vehicles, which run on biodiesel. The vehicles were chosen as they consume little fuel, are quiet and do not damage the grass.

Executive member for anti-social behaviour, Councillor June Leitch, said: "Parks are for everyone to enjoy and it is no fun when a minority disrupt this pleasure for everyone else. High visibility patrols using these Ecoriders will make a positive difference to safety in parks."



To report anti-social behaviour, call the council's anti-social behaviour hotline in confidence on freephone 0800 731 3300.

News

Some Plaistow residents have complained about people knocking on doors claiming to collect money for the E13 Mix youth club. They are carrying papers with the Newham logo. The club knows nothing about this. Please do not give the door-knockers any money. If you would like to contact E13 Mix please call 020 7474 7639.



BEWARE OF DOOR-KNOCKING SCAM

Green Street No Plastic Bag Day

On Friday 3 October, between 11am and 3pm, Green Street will be hosting Newham's second 'No Plastic Bag Day'. Following the success of the first event in East Ham, businesses are being asked to sign up to a pledge to reduce the number of plastic bags given to customers. During the day, shoppers will be invited to trade in their plastic bags for a reusable cotton bag. There will also be the chance to decorate a cotton bag and to obtain general information on recycling. For more details contact John Wyman-White on 020 8430 3055.



Young people to have their say on 2012

Newham's Young Mayor is holding an event to get young people's opinions on the Olympic legacy on Saturday 27 September in the Old Town Hall Stratford from 12 noon-5.30pm. The event will provide young people with information about what the Olympic Park might look like and include after the Games, and to ask them what they would like to see in areas such as retail, offices and job opportunities. It will be highly interactive and will include:

- a fun Olympic Trivia Quiz
- a presentation from 2012 consultants on the Olympic Park legacy, with group discussions to gather young people's views
- a trip to the Olympic Park Viewing Gallery
- a trip to explore Newham and see other regeneration projects
- a buffet lunch

The event is free but you must reserve a place. Contact office@newham.gov.uk or 020 8430 2012 before 23 September. See you there!

Eid greetings from the Newham Police

Newham Metropolitan Police would like to wish Eid Mubarak to all residents preparing to celebrate the end of Ramadan. To ensure the safety of revellers, road closures will in place in and around Green Street; these are not to hinder celebrations but to restrict the expected volume of vehicle traffic and secure the wellbeing of pedestrians.

NEWS // IN PICTURES

Tutu cute: Dancers from Beckton's St Mark's Church and Community Centre's Dreams Dance Academy.



NEWS // IN PICTURES

1 Wild about art: children's activities at Hoskins Community Centre, Custom House. **2** Look east: Taiwanese delegation at Holden Point. **3** Strange visitors in Stratford: Wares at the continental market. **4** Cloaks at the ready for Harry Potter at Under the Stars film nights.



Taking action on education

I'm sure I speak on behalf of everyone in the borough when I say that our young people made us extremely proud with their GCSE results. Early indications show that 56 per cent of our bright pupils achieved five or more GCSE and equivalent qualifications – that's above Government Gold Standard! There were, however, two schools which did not meet the high standards that we expected of them, which is why we need to change and improve them.

In both Royal Docks School and Eastlea School, three quarters of pupils failed to achieve five or more A*-C grades including Maths and English. This is unacceptable and we will be taking action to make sure that there is improvement as soon as possible for the students at these schools. We are looking to transform the Royal Docks School into an academy, which will be governed by high quality businesses or universities. Our plans for Eastlea School are for it to become a National Challenge Trust school, which we will jointly govern with businesses or universities.

We do not want to make these changes simply because the schools didn't meet Government targets. When schools underperform, our young people pay the price with their futures, and that is something we cannot allow to happen. These are not decisions we will take lightly but I'm sure you'll agree with me that our young people come first. I refuse to sit back and let standards slip – gambling with our children's futures is something I am not prepared to do.

“Most of our schools are achieving better than schools in wealthier boroughs, thanks to the commitment of teachers, staff, parents and pupils”

When I was elected Mayor of this borough, I promised you that I would help to improve the lives of our young people. Most of our schools are achieving better than schools in wealthier boroughs, thanks to the commitment of teachers, staff, parents and pupils. However, when our schools do not do well, I will intervene and make sure that our young people have the same educational opportunities as their peers elsewhere.



Newham nursery gets balls rolling on early years education

Education in Newham took centre stage, with Secretary of State for Children, Schools and Families, Ed Balls, making a visit



to Fellowship House Nursery in East Ham to launch the nationwide early years foundation stage framework. The choice of a Newham nursery is credit to the hard work and excellent care and education provided by the

nursery. Its staff has already completed the training in the early years foundation stage, and this presented a great opportunity to see the programme in action.

I joined Mr Balls and manager, Andrew

Regan, for a tour of the nursery along with Newham's executive member for children and young people, Councillor Quintin Peppiatt. We met with staff, parents and children to talk about the framework and how it will provide children with the best possible start in life.

We have the youngest population in the UK and the early years foundation stage will ensure that our youngest residents receive even better early years education and childcare.

For more information on the early years foundation stage framework visit: www.standards.dfes.gov.uk/eyfs



Cllr Peppiatt, Ed Balls and I meeting staff and children

Being one of the few elected Mayors, I am directly accountable to you. You can meet me and discuss any issues that you think I can help with. To find out more visit my website at www.newham.gov.uk/mayor or call 020 8430 2107 to find out where I'll be.

Mayor's view

Cultivating grassroots sports

Councils are the biggest spenders on grassroots sports, which are vital in the fight against obesity. We work the hardest on ensuring that equal sporting opportunities are available to all, and those of us working in the Olympic Boroughs have a track record on this to be particularly proud of. You can see what we offer our disabled residents, for example, on page 20 of this magazine.

In Newham alone the Olympic summer of sport, which has been running since before we won the bid, attracts 40,000 visits a year from the borough's young people. Because of free swimming for older and younger people, our pools see 230,000 visits from all parts of the community each year. And our tennis courts are free. On top of this we produce a sports directory every year that is crammed with local sports activities.

Download a copy at www.newham.gov.uk/services/sportsclubsandactivities



A year of fun for older residents

I was delighted to wave off around 60 older residents on a trip to the seaside, courtesy of Newham Council. The trip to Southend-on-Sea was arranged by the council's community support unit, passenger transport fleet and Newham Volunteers programme as part of the council's Good Neighbourhood scheme.

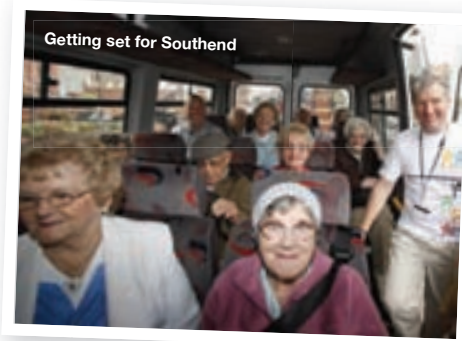


Our older people make a huge and valuable contribution to the life of the borough.

It has always been one of my key priorities to provide more opportunities for older people, and this was just the first in a series of outings that will be taking place over the next 12 months. They don't cost much to arrange, but help reduce social isolation in some older residents, who value them highly. Ensuring all of our residents are physically and mentally healthy is a benefit to the whole community.

With fuel prices looking likely to rise, we will run these outings alongside our Warm Centres project, which helps older residents get out in the winter months, make new friends and save on their fuel bills.

If you want to find out more about the Newham Volunteers programme and how to get involved call 020 8430 3598 or email: volunteers@newham.gov.uk



Mayor's Question Time

This moves to Plaistow next month. Look out for the times in the next issue of the Newham Mag.

with Sir Robin Wales

Tucked away in leafy Beckton is Richard House, a haven for babies, children and young people with life-limiting and life-threatening conditions.

Losing a loved one is never easy but Richard House provides a supportive hand for families facing the unwanted reality of an inevitable future. The

hospice picks up where the hospital left off. They deliver one-to-one care, give families support and guidance, facilitate priceless happy memories

and help make the difficult journey from life to death as comfortable as possible for children, young people and their families.

The nurse – Kate Watson

Although a nurse, Kate looks like any other member of staff. Traditional uniforms can be daunting for the children and are banished from the hospice and replaced with more casual t-shirts.

Kate began her nursing career in a hospital environment, she explained her decision to move: “Whilst I was able to do the best I could in hospital, I wanted to be able to give really attentive end of life care in this environment.” She provides families with a break from looking after their loved one with respite and palliative (no longer any curative treatment available) care, helps parents to become confident in looking after their children after they come out of hospital and helps with end of life care, supporting families during the most difficult stage of their child’s illness. She said: “Some children amaze and surprise us and outlive doctor’s predictions. We offer support for the family and have flats located on site.”



The cook – Denise McLetchie

The hospice, although immaculately clean, is void of the distinctive sterilized smell that hits you when you walk into a hospital. This is replaced by the inviting aroma of home cooking. Denise began her career at Richard House as a volunteer cook six years ago. She is now the morning cook and provides a range of tasty, healthy and nutritious options for the visiting young people and children. The menu caters for their dietary needs, religious requirements and, above all, what young people really like. The menu boasts quiche, stir-frys, rice dishes, fish and prawn curries, and the kitchen proudly displays a four star hygiene rating. She said: “It’s all fresh and healthy. Sometimes we have chips and burgers, but not every day. At the moment we’ve got a lovely tomato crop in the garden – they’re better than the ones we get from the shop!”

The House that’s a

The volunteer – Derek James

After moving to Beckton a year ago, Derek offered his services to Richard House and now voluntarily maintains their two-and-a-half acre grounds. After his cousin passed away in a hospice he learnt more about the sterling work that goes on behind closed doors. He combined his desire to help with a love of the outdoors and whether it's litter picking or pulling up weeds, he keeps the gardens in pristine condition.

The grounds are four gardens rolled into one. There's a traditional playground, uniformed formal garden, poignant memorial area and rugged woodlands; each provides its own individual outdoor experience.

The hospice makes use of every inch of space. An old smoking shed has been transformed into a wildlife shelter where overnight visitors can watch nocturnal antics undetected. Derek's hard work hasn't gone unnoticed. He explains: "We've entered a garden competition open to all London hospices, which we've been shortlisted for – there are three finalists so we'll be first, second or third."



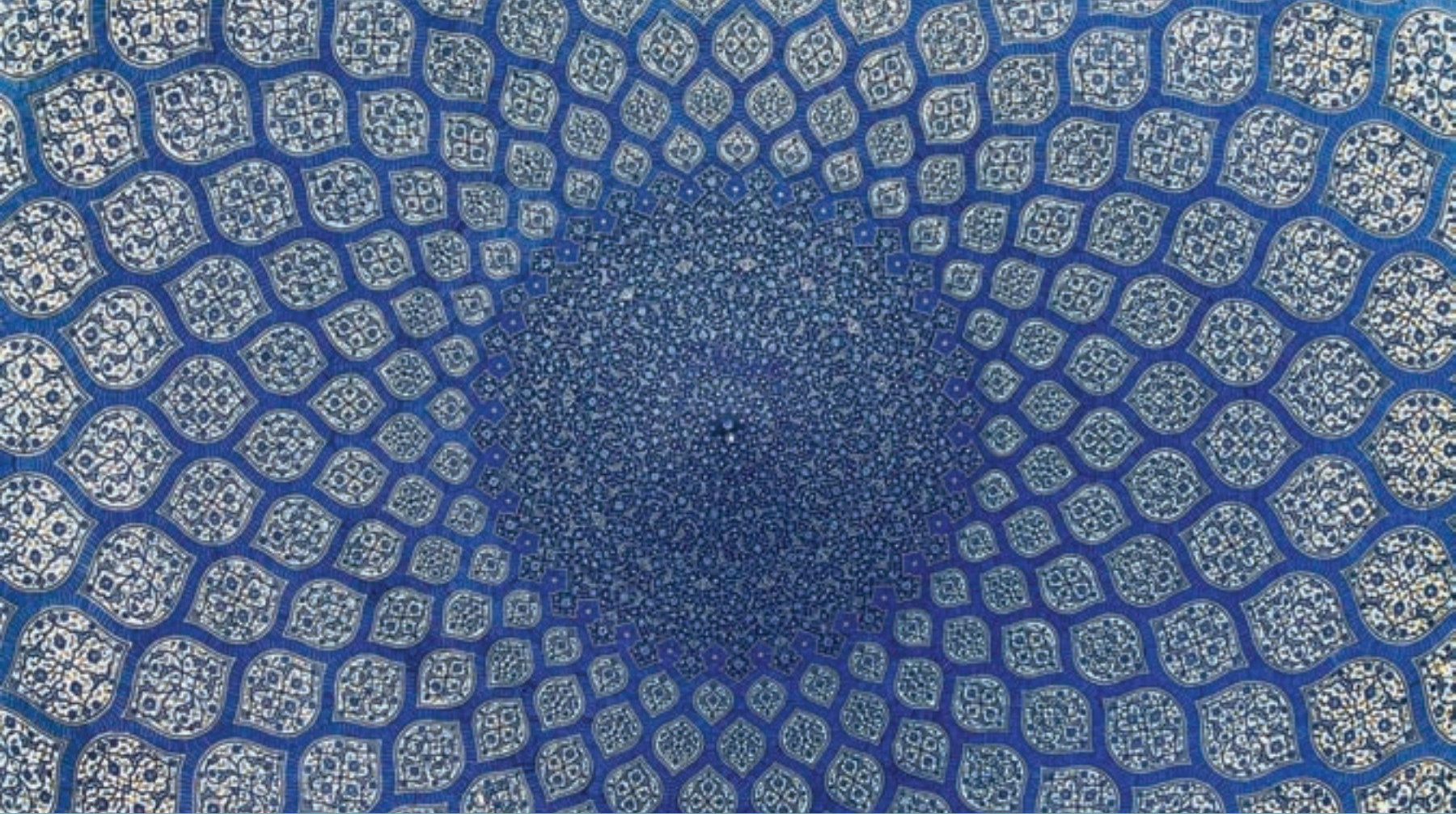
The care play worker – Bernie Wighton

Play and care sit side-by-side at Richard House. Bernie's day begins at 7.45am and he stays with the child or young person in his care until his shift ends at 8.15pm. His role is crucial to the physical, mental and emotional wellbeing of the child or young person in his care; after just five minutes in his company it's clear that he is not only a carer but a friend.

With 30 years of experience and a WellChild award, Bernie knows his stuff. Whether it's making short films, growing vegetables, going out on excursions, spending time in the psychedelic sensory room or just taking a walk around the grounds, each day is tailored to the needs of the child or young person. But it's not just the child who benefits. Staff build a close relationship with families, equipping them with the physical skills and emotional strength they need. Bernie said: "I throw myself into the work, I'm with them in their joys and their sorrows, from beginning until the end, whenever that may be – you have to value each day because you don't know about tomorrow."

home

If you want to find out more about Richard House you can meet the team at an open day on Thursday 25 September. Richard House is a registered charity. All the services they provide are free to families. To continue their work, the hospice needs to raise £1.8million this year. If you would like to find out more or can make a donation, however big or small, visit the support us pages at www.richardhouse.co.uk



What Ramadan means to **me**

by **Plaistow resident Abdul Hafezi**



"For those of us living a busy life, Ramadan is a wonderful opportunity to create a structured working life and to bring you closer to your family. This year, for the first time, we drove up to Wanstead Flats with

some friends as it was a very clear early evening at sunset. We parked our car to try to sight the new moon ourselves [to signal the beginning of Ramadan], with no luck. It took me back years to the time I spent in my village in Gujarat, where sighting of the new moon was an occasion to bring the whole village together on the mosque terrace.

"This year, the beginning of the fast requires Muslims to get up this year at around 3.30am. It is an opportunity for everyone in the family to get up and share a meal.

"The end of the fast just after sunset is also a great time to have your loved ones present. In our house, we break the fast with dates and soft fruit. We

walk up to our local mosque in Plaistow, pray a Magrid Prayer and return home. It is a great exercise not to overeat when confronted with food specially prepared for this time of the day.

"Muslims also use the ending of the fast at sunset to invite friends and relations to eat, particularly at the weekend. Ramadan therefore gives me an opportunity to have a structured eating habit for the rest of the year, refresh my spiritual wellbeing and strengthen my bond with my family and friends.

"The end of Ramadan is determined by sighting of the new moon. We shall again travel up to Wanstead Flats to see the new moon, although I suspect as usual we shall have to rely upon the news from Morocco or Saudi Arabia.

"The end of Ramadan is celebrated by Eid. Back in India it meant special food shared by all in the village. Here in England, it is an opportunity to meet your family and friends and celebrate the end of the

month. It is almost like Christmas, as many people now take time off work to celebrate Eid with their nearest and dearest."

Ramadan facts

- At the beginning of Ramadan, you should wish Muslims: Ramadan Mubarak, which means Blessed Ramadan.
- According to tradition, Muslims can eat at any time during the night until they can plainly distinguish a white thread from a black thread by daylight.
- Muslims traditionally break their fast by eating dates, since that is what the Prophet Muhammad is believed to have done.
- Eid ul-Fitr marks the end of Ramadan and lasts for three days. It is a time for special prayers, festivities and fun!



Chestnut Court
care home

to know her, is to love her, still.

residential, nursing and dementia care for very important people

Chestnut Court, Frizlands Lane, Dagenham, RM10 7YD Tel. 0845 409 4744 www.chestnut-courtcarehome.co.uk



chestnut

NURSERY SCHOOL 'NEWHAM' LIMITED

We have full-time and part-time places still available in a few of our settings across the borough.

Wrap around care

Breakfast club

Lunch club

After school club

Chestnut Nursery School
177 Earlham Grove
Forest Gate, London E7 9AP
020 8503 0394

Chestnut Nursery School
124 Chestnut Avenue
Forest Gate, London E7 0JJ
020 8925 7858

Ellen Wilkinson Children's Centre
Tollgate Road
Beckton, London E6 5UP
020 7055 1780

Susan Lawrence Children's Centre
Lawrence Avenue
Manor Park, London E12 5QP
020 8478 2246

North Woolwich Children's Centre
Winifred Street
North Woolwich, London E16 2HX
020 7511 7497

Tollgate Children's Centre
Barclay Road
Plaistow, London E13 8SA
020 7511 7497

Woodgrange Children's Centre
Sebert Road
Forest Gate, London E7 0NJ
020 8555 8119

Chestnut Out of School Provider
Osbourne Road
Forest Gate, London E7 0PH
07957 820 003

Opening Times: 8am-6.30pm
Ages: 0-11 years old
Prices from: £120 Full Time

COOK FOR A CURE!

Do you suffer from any of these?

- Heart disease
- high Cholesterol
- high blood pressure
- Cancer, Allergies
- Stroke
- Alzheimer's disease
- diabetes
- IBS

You can now cook for a Cure by using the tried, proven and highly successful method of cooking: Saladmaster!

This method of cooking does not involve the use of oils, fats or cooking vegetables with water which is harmful to your health or takes away the needed nutrients from your food. Be smart today and Cook to Live now!

For more information, contact Adrian on 07900400181

Salsa classes

@Durning Hall Centre, Earlham Grove, Forest Gate, E7 9AB

Learn to dance salsa in just 12 weeks!
Suitable for Beginners & Improvers

Keep fit dancing, meet people & have fun!
All ages welcome. You can join us anytime

Every Wednesday 7:30 to 8:30pm

£5 per class (or £50 for 12 sessions if you pay in advance)

Info: 07787546309; 07946815623
Durning Hall Centre reception: 020 8536 3800



PLAISTOW COUNTRY GARDEN

There's a revolution happening in a Plaistow street and it's being led by one man's love for gardening.

Walk past Clive Hamilton's house and you can't help but stop and stare. The few irrigated concrete slabs are barely visible under masses of pots and plants. Each change in wind direction brings with it a new aroma floating on the breeze and the longer you stand the more you notice.

Clive has always been a keen gardener but his passion intensified after he used it as a way of rehabilitating himself after he was the unfortunate victim of an unprovoked attack, which resulted in his spending a week in intensive care. When he returned home he found himself sinking into depression and his garden came to the rescue. His work hasn't gone unnoticed. His garden

has had a domino effect on surrounding houses which all bear his mark. He said: "Ten years ago the street was bland and gardens empty. One by one I've tried to nudge people in the right direction and slowly I have. It began by giving people plants, planting plants for people and making hanging baskets for them. They'd ask me questions and now they've got an interest."

The gardens have brought the community together and, whether they live on the street or just happen to be walking by, people smile as they walk past. And it's not just people who appreciate Clive's efforts. He is regularly visited by all manner of wildlife including butterflies, foxes, squirrels, field mice, hedgehogs and the occasional badger. He even welcomes the herons from East Ham Nature Reserve, who he

blames for stealing fish from his back garden pond.

All the plants have either been propagated or created from seed and everything from the tools to the pots are reclaimed. Clive said: "You haven't got to go to a garden centre to produce a garden; you produce a garden from what you put in. If you get out and brave the cold in December or January and plant out your broad beans you'll be eating them in May."

No matter how small your space you can beautify your front garden with anything from a window box, hanging basket, freestanding pot, or flower borders. Not only will your property look better, you'll feel better as you watch your plants take root and grow each day. Packets of seeds cost as little as £1 or less so get growing!





Who'll get **your** vote?

Nominations are in. You've backed who you'd want to see as the next Young Mayor but the race isn't over yet – in fact, it's only just beginning.

The next step to help your nominee go through and become an official candidate is to vote for him or her in an online primary election. Primary elections are used to help create a shortlist of the best people for the job. Usually they result in the group being whittled down to one or two nominees – but not in Newham. We're giving you the chance to back your favourite candidates, with the final 15 guaranteed a place in the influential Youth Council. Those final 15 will then campaign for your vote to become the next Young Mayor of Newham, with the final ballot taking place in schools, colleges and Connexions shops on 22 and 23 October.

How to get involved

If you go to school or college in Newham you'll be prompted to vote when you log into your account from Monday 29 September to Thursday 2 October.

All you need to know about this year's election is available online on the new look Young Mayor website. Visit www.newham.gov.uk/youngmayor for all of this year's news and details of what the Young Mayor and the Youth Council have been doing for you this year.

No more butts for young people

Ban packs of 20 cigarettes, make boxes look boring and hide cigarettes from the view of customers were just some of the suggestions that the Young Mayor and Youth Council discussed as part of a Department of Health consultation on how to discourage more young people from smoking. The group brainstormed and debated the effectiveness of Government plans as part of a paper that will be delivered by Newham Council's tobacco control team.



Zuhayb (centre) with some of the youth council

As the Young Mayor or a member of the Youth Council you'll be involved in local and national debates and events. The current Youth Council has been involved in the borough's Enough Is Enough campaign to deter young people from carrying knives, influencing a review of the council's Children and Young People's Plan and hosting a conversation about the issues facing young people from across Newham as part of the Lift Festival.

To find out more about the work of the Young Mayor and Youth Council visit www.newham.gov.uk/youngmayor/

RESIDENTS TAKE CENTRE STAGE

It wasn't just the VIPs on stage that wowed the crowds at August's musical extravaganza, Under the Stars – audiences were also treated to the exclusive screening of two short films starring Newham residents.

To get everyone living and working in the borough fired up about the London 2012 Games, the council has produced two new, inspirational films.

The first, Be Inspired, shows ordinary residents and businesspeople doing just that: women making leaps of imagination practising high jump in a bed shop; firefighters sparking off each other in a hose relay at Stratford Fire Station; a little girl horsing about at Newham City Farm in her own equestrian event and gardeners at Plaistow's St Mary's allotments sowing seeds of excitement with their version of the javelin – and more.

“They're really lovely – it makes you proud to live in Newham!”

The second film, The Eyes of the World are Upon Us, gives residents and businesspeople the chance to voice what they want to get from hosting the Olympics, as well as their ambitions for what and where they want to be in the future. The vox pops show an Asian retailer hoping that his garment shop remains a family business, a female swimmer with dreams of becoming a volunteer, a barrow boy who just wants to expand his stock of tomatoes >



and many more.

Audiences at the films' premiere had plenty to say. Comments included: “They're really lovely – it makes you proud to live in Newham!”; “It really brings it home how soon the Games are coming here” and “It's good to hear what people living in the host borough think about the Olympics. I'd like to hear more of our opinions over the next four years.”

Don't despair if you missed out on the screenings at Under the Stars – both films are available to view online at www.newham.com Have a look and see if you recognise any of our local stars!

Bin it or be shamed

If you're thinking of dropping litter, think again. The council has launched a new scheme targeting those who drop litter and think they can get away with it.

The next time you carelessly drop your rubbish on the street you could see your mug-shot in the Newham Mag. We'll be printing CCTV images of people dropping litter around the borough and asking you to help identify them. The Newham Mag reaches almost 100,000 households and beside the embarrassment of being caught in the act, perpetrators could be slapped with a fixed penalty notice of £80.

Newham has a network of almost 300 CCTV cameras which, as well as keeping our streets safe, will catch suspected litter louts. Their images will be printed in the Mag and also distributed through local press.

Councillor June Leitch, executive member for crime and anti-social behaviour, who has been instrumental in launching the scheme, visited the

council's control room to see how it is working. She said: "The publication of these images should act as a warning to people that we are determined to crack down on anti-social behaviour. There is no excuse for dropping litter and the message is simple: bin it or be prepared to pay the penalty. If you think you know who these people are, then we want to know about them."

Each image will be given a reference number along with the time and date the alleged offence took place. Cllr Leitch added: "Dirty streets contribute to the fear of crime when actual crime is not as bad as perceived. Putting litter in the bin or just taking it home is a small change in attitude that makes a big change to us and our environment. It's only a minority of people who needlessly drop rubbish but it affects us all. It's high time we put a stop to this

disgusting behaviour."

Look out for mug-shots in a future issue of the Mag. In the meantime, if you want to report any anti-social problems contact the council's hotline in confidence on freephone 0800 731 3300 or complete an online form on www.newham.gov.uk

Don't drop litter! Instead why not:

Use a public bin. There are lots dotted on high streets and side roads.

Take it home and dispose of it properly.

If it's recyclable, drop it into a recycling bank.

Just the job

If you're a parent, you're potentially only a short walk away from your next job. That's the message from a new team who are striving to get you into work and reduce child poverty. If you're an unemployed parent living in Newham, the council's Workplace initiative is expanding and, if it hasn't already, is coming to a children's centre, library, community centre or school near you. We meet John Hoang, whose team are waiting to prove that you're better off in work.

John is the engagement co-ordinator for the Single Points of Access pilot project. The team isn't just relying on parents to walk through the doors of the Stratford or Canning Town Workplace offices – they're out scouting for you in your neck of the woods to convince you that getting back into work is easier than you think.

So, what is Single Points of Access? As John explains, it's all in the name: "No matter where you go, whether it's the Job

Centre, Community Links or to any of our other partners, you'll be able to get exactly the same employment, financial, childcare and training support."

The scheme demonstrates to parents that going to work can be better than relying on benefits. John says it comes down to addressing people in the right environment. For many, walking into a job centre can be daunting and unfamiliar. But, if the professionals market the

scheme in places unemployed parents are likely to be, getting the message across instantly becomes easier. "If we go somewhere someone visits regularly with their child, like a library or a children's centre, suddenly the power shifts. We're the visitors and they're in control - it's a safe middle-ground environment. We show them what we can offer: it's not about them visiting us and us turning them away," says John, before adding:



> WORKING LIVES

employers to find out what they need. John said: "We're asking them what skills they're looking for and what they can offer in return, like flexible hours, part-time jobs, or job-share jobs. That way it's benefiting both residents and employers." For some going straight back to work after a long break, or working for the first time, can be nerve-racking. They can test the water with work placements, undertake work experience, volunteer work or training in a range of sectors – all free.

"One of the biggest things about this project is giving people options because some people just don't know they have choices."

According to John, being a mum or dad is one of the hardest jobs you can do and parents have more experience than they realise. He explained: "If you've arranged a birthday party, you've got project management skills. Feeding the kids, getting them up for school, making sure they're well – that says you've got skills in monitoring, organisation and stress management. The only thing lacking is a certificate and experience to prove that they can do it in a professional environment as an employee."

"One of the biggest things about this project is giving people options because some people just don't know they have choices." And the options John refers to are in abundance. The first step is to remove barriers to work with a personal advisor who works with the parent during their time on the scheme. The advisor looks at all aspects of their life and builds a one-to-one relationship with the parent, giving them advice about the range of

advantages, both financial and personal, of going to work. The results are tangible. They're given expert information about housing benefits, in-work benefits (up to £60 more if you're involved in the scheme) and even go as far as providing childcare to make the transition from jobless to breadwinner as smooth as possible.

But are there enough jobs to go round? To make sure, the team are not only canvassing parents but approaching

Still not convinced?

If you are a parent living in Newham, are unemployed or working part-time and have the right to work in the UK, talk to the team. What are you waiting for?! Call them now on 020 8430 6008, email spa@newhamworkplace.co.uk or visit www.newhamworkplace.co.uk

workplace



ALL INCLUSIVE: DISABLED SPORTS IN NEWHAM

The Team GB paralympians in Beijing have won even more medals and are helping to show the world that a disability doesn't stand in the way of dazzling agility with the right support, hard work and passion.

Newham Council is a champion of disabled sports; we were the first borough to sign Inclusive and Active, a Londonwide plan to increase sports participation for disabled people, have a dedicated disabled sports team and offer a range of sporting activities specifically aimed at disabled people. If you are disabled and have been inspired by the sports stars in Beijing, why not test your skills at a venue near you? From trampolining to swimming, from multi-sports to goalball, there are regular open sessions on a range of sports – have a look and see if any of them suit you.

**To find out more, contact
Jessica Khanom on 020 8430
6012 or 07896 686 601**

MONDAYS

**Multi-Sports
includes
trampolining,
boccia, football
and volleyball**

Eastlea Multi-Sports
Club for SEN and
disabled young
people
Eastlea Community
School, Exning
Road, E16 4ND
4-5.30pm

TUESDAYS

Multi-Activities

People with
Disabilities Club
Newham Leisure
Centre, 281 Prince
Regent Lane,
E13 8SD
10.30am-12noon

Swimming

People with
Disabilities Club

Newham Leisure
Centre, 281 Prince
Regent Lane,
E13 8SD
3-5pm

Trampolining/ Fitness/Swimming

SEN and
disabled adults
Newham Leisure
Centre, 281 Prince
Regent Lane,
E13 8SD
10am-4pm

Get fit for free

Free use of the Gym
for one year for
people with learning
disabilities
Newham Leisure
Centre, 281 Prince
Regent Lane,
E13 8SD
1.30-3.30pm
To book an
induction you must

call 020 7511 4477

THURSDAYS

**Goalball in
Newham Club**

Goalball is a three-
a-side ball game for
people with visual
impairments
Brampton Manor
School, Roman
Road, E6 3SQ
5-7pm
(First Thursday of
every month)

FRIDAYS

Trampolining

Children's Fund
Project
Newham Leisure
Centre, 281 Prince
Regent Lane,
E13 8SD 4-5pm
NB: for this book
a place in advance
via Newham Leisure
Centre

SATURDAYS

Swimming

Newham Otters
Swimming Club
Newham Leisure
Centre, 281 Prince
Regent Lane,
E13 8SD
4.45-5.45pm

SUNDAYS

Swimming

Real Life Parenting
Balaam Leisure
Centre, Balaam
Street, E13 8AQ
12noon-2pm

B1 Football Club

East Ham Leisure
Centre, 324 Barking
Road, E6 2RT
10am-12noon
(Third Sunday of
every month)

26 September

Open Rehearsal 'Come Dancing' Workshop

Theatre Royal Meridian Square, 10am-1pm

An open rehearsal workshop event inspired by the Theatre Royal Stratford East's latest production, 'Come Dancing', the new musical by Ray Davies.

Quadrille dance classes

The Well, Vicarage Lane, 10am to 12noon

Quadrille is a classic French/Caribbean dance that is growing in popularity. Come and shake a leg with us!

27 September

Deborah Day Dancing School Acting and Drama lessons

Hartley Centre, Barking Road, E6

Try your luck as a luvvie or just have some fun expressing yourself. Phone 020 8472 0058 for more information.

Circus Minimus, Stratford Circus

Theatre Square, E15

A tiny circus with big dreams! Circus Minimus puts a magical spin on everyday life and takes audiences diving into dreams and flying to the stars. Everyday things are transformed – feathers become flying birds, look in a tin bath and Sheila the fish might squirt you with water! Ages 2–4 years. Tickets: £5.

27/28 September

Discover

1 Bridge Terrace, E15, 11am–4pm

Discover kicks off the Cultural Olympiad

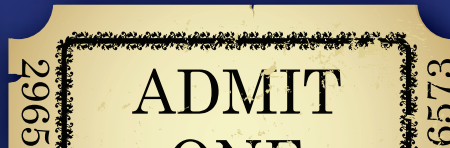
by creating a huge world, covered in amazing multi-coloured countries. Join in Discover's special Light up the World party. Families and children can come along and make a big world to decorate with fantasy countries. Watch the ball being lit up on Sunday on Discover's fabulous Story Trail. Newham residents pay £3.50 each. Under 2s are free.

Most of these events are free but charges may apply for some of the other events. Please check with individual venues. For further details and updates visit www.newham.com You'll also find loads more events at www.newham.gov.uk/whatson



Be Inspired by... a weekend of cultural events

As you may have read in the last issue, the Cultural Olympiad launches on 26 September, unleashing a feast of arty activities in and around Stratford's Cultural Quarter – which is your chance to immerse yourself in some of the best culture around. We can now bring you details of the delights you can dip into at the launch weekend.



Children and young people form a large and vital part of our youthful borough and are a valuable asset, so the council is pulling out all the stops to help two of Newham's schools raise the achievement levels and aspirations of pupils.

We will be working with the Government Department for Children, Schools and Families to improve performance at Eastlea School in Canning Town and Royal Docks School in Custom House.

The schools are currently below the Government's expectation of at least 30 per cent of young people achieving five or more GCSEs at grades A* to C including English and Maths.

Young people at the schools should be in a position to benefit from the exceptional regeneration and investment opportunities that are coming Newham's way, including the 2012 Games.

The council is exploring the option that Eastlea becomes a National Challenge Trust school. This will mean a strong partnership with business or higher education partners in order to improve performance.

At Royal Docks School, the council is

working towards creating an Academy where high quality sponsors such as business and education partners will be appointed to take on governance of the school from the local authority.

Parents, staff and pupils will be involved throughout the process and before any final decisions are taken.

“We cannot allow under-performance to continue and we believe the options for change to an Academy or a National Challenge Trust are appropriate for bringing about quick and sustainable improvements”

Councillor Quintin Peppiatt, executive member for children and young people services, said: “We cannot allow under-performance to continue and we believe the options for change to an Academy or a National Challenge Trust are appropriate for bringing about quick and sustainable improvements.”

At Royal Docks, the process will

ensure that the proposed Academy encompasses the good characteristics of the school, including its commitment to inclusive education and its involvement in the wider community. The council wants one of the sponsors to be a leading university who can work to develop the students' educational aspirations.

Andrew Adonis, Parliamentary Under Secretary of State for Schools and Learners, backed the council's plans, saying: “I am delighted to support Newham's ambition to look towards developing a National Challenge Trust school and an Academy in Newham. This offers exciting opportunities for young people and the Government stands ready to make significant investment to support the Mayor's exciting vision.”

“This offers exciting opportunities for young people and the Government stands ready to make significant investment to support the Mayor's exciting vision”

A helping hand for schools

Plans for Royal Docks and Eastlea



The Lee Valley runs from Luton all the way down to the Thames. In London it has historically been the location for industry which grew up around the canals. The designation of the Lee Valley Regional Park in the 1960s gave protection to much of the area for leisure and as a haven for wildlife.

Parts of the Stratford and Lower Lee Valley are being redeveloped to make way for the Olympic Park, but also protecting and improving the green nature of the valley. You can expect to see fully sustainable leisure venues, offices, parks and wildlife habitats.

The council is currently consulting residents on planning its part of the Lee Valley. This is a large area taking up much of the western side of the borough and includes Stratford, Canning Town, Custom House and the area of West Ham around the station. Read on to find out more.

Q. What are the benefits of a plan for Newham's Lee Valley?

The main benefits are:

- > Being able to look at the area more strategically. This means thinking about the whole area for the long term
- > Being able to ensure that the range of masterplans and guidance fit together well and link into issues such as transport.

Q. Haven't we had enough consultation? Why are you consulting us on this now?

This is the first step in making a coherent framework for our part of the Lee Valley. We haven't yet seen a decent plan that covers the area as a whole and, in order to seek the best outcomes for you, we have to find out what you want. This will help us ensure that the right changes happen at the right time, in the right place.

Q. The Mayor of London produced a plan for the area. Why is this not being used?

Although the council was involved in this, we did not endorse it because it had drawbacks, which included:

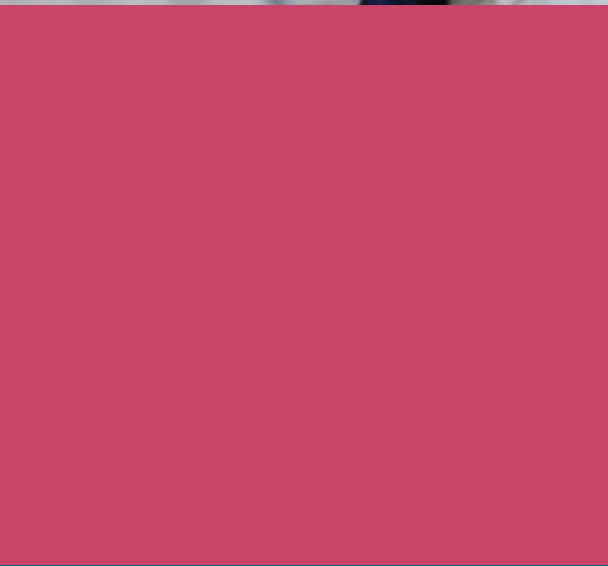
- > the land uses didn't comply with council objectives
- > the inadequacy of transport up to and beyond 2016.

If you want to get involved in shaping your area, there's still time – consultation will run until 30 September.

For more information visit www.newham.gov.uk click on Environment and Planning; Planning; Local Development Framework; telephone: 020 8430 4588 or email: LDF@newham.gov.uk

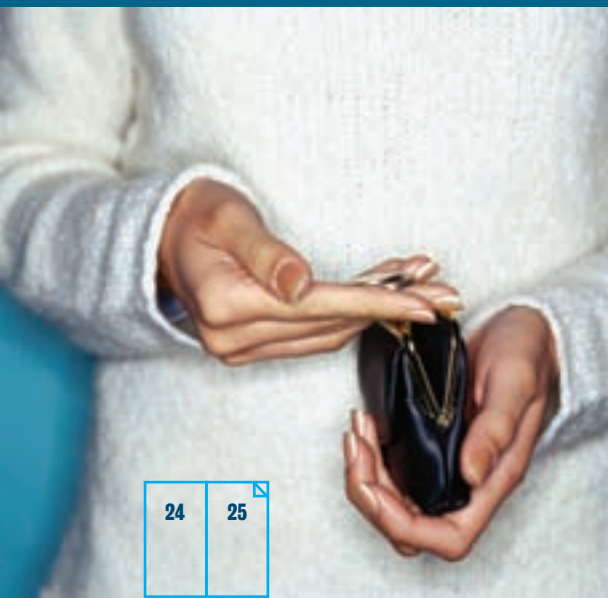


Get involved
in the plan for Stratford and Lower Lee Valley



Safeguarding **adults**

Newham Council's Safeguarding Adults team is there to help reduce the risk of abuse for people in vulnerable situations – people who need community services because they are unable to look after themselves. It was launched to ensure that these services work together to stop abuse.



But how do you know what abuse is? “It can take many forms which are not always obvious,” explain Mandy Oliver and Karen Bohan who head up the team.

Financial or material abuse is when money or possessions are in effect stolen from the owner. A form of this is cuckooing, where a person is taken advantage of by another who moves into the home or uses it for their own activities – which could even be drugs or prostitution. The team encountered one instance where an elderly man with alcohol problems met a younger man who offered to look after him. The younger man stayed and over time more people moved into the house. The homeowner liked the company and was too confused to notice the escalating gas and electricity bills. It turned out that the younger man was renting out rooms to lodgers.

Another form is the “sweetheart scam”, which is when someone befriends a vulnerable person and fakes a relationship, using the relationship to get money or access to the person’s finances. If they take over paying the utility bills, for example, they can then use the address to get credit.

“It can be difficult to address this situation,” says Mandy. “The victim often

disabilities approached a prostitute and paid for her services but she took his money and left him stranded.

Psychological abuse can be when someone is denied care or social contact. One case was when a new boyfriend took over a girl’s care from her family. He didn’t allow her any social activities or contact with her family. She became more and more dependent upon him and less able to cope with day to day tasks herself.

Neglect and acts of omission can result in similar situations. In a recent case an elderly woman still lived in her own flat but was dependent on her family who were not prepared to pay for adequate food or heating. The woman was incontinent and her family removed furniture and clothing as it became soiled. She was left with just a plastic mattress and blanket.

Carers committing abuse are not always aware that they are doing wrong. Psychological abuse or neglect can result from the carer having declining mental or physical health. Explains Mandy: “Many wives looking after their husbands or vice versa wouldn’t want to give up that care. They don’t complain as they don’t want the person they’re caring for to end up in a home.”

Councillor Joy Laguda, executive

“The rule for anyone in any of these situations is: If it doesn’t feel right, talk to someone.”

does not want to admit to having been taken advantage of. They want to believe the love is genuine.”

Physical abuse is usually shown up by bruising or other marks. However, wrongful use of medication could also be regarded as physical abuse if, for example, tranquillisers are used to make life easier for carers rather than to reduce someone’s distress.

Sexual abuse also takes different forms and isn’t necessarily physical. For example, a young man with learning

member for older people and adults, says: “The council takes our residents’ health and wellbeing very seriously. The Safeguarding Adults team is there to protect people who are unable to protect themselves, but we need you to keep us informed. The rule for anyone in any of these situations is: If it doesn’t feel right, talk to someone.”

To contact the Safeguarding Adults Team write to: 46 Clova Road, Forest Gate, E7 9AH, call 020 8430 5698, or email SafeguardingAdultsAdmin@newham.gov.uk



Going back to school, college or university can make you feel a bit down in the dumps. But Newham's studios have a reason to be cheerful that their parents could only dream of: a whole world of knowledge, sorted, condensed and held in one place – and it's all free.

Get your library card out; looks fairly ordinary, doesn't it? Yet it provides the key to an online bounty of loot that is only available to those in the know. Newham libraries have been plundering the world's best reference resources to provide you with online access either from the library or even your home. All you need to get started is that library card.

Using the Libraries Online web page, you can check which books are stocked at your local library, as well as those in ten other London boroughs, and read reviews of them by other readers. You can renew

your books, place reservations for a small fee and check the status of your loans. But that's not all...

Students looking for any subject under the sun can use Britannica Encyclopaedias online, which are divided into ages five to 11, 12 to 18 and 18 upwards. If that whets your appetite for knowledge, Oxford Reference Online Premium Collection offers in-depth articles, brief summaries, bilingual dictionaries and millions more morsels from a trustworthy source. For a broader view, Credo Reference plumbs publications worldwide to bring you a range of answers for every search. The Oxford English Dictionary Online can settle Scrabble scores, NewsUK press database has a wealth of words and pictures from the media this year, the Oxford Dictionary of National Biography has the lowdown on everyone who's ever

been anyone and CANS Advice Notes has a summary of any law in the land.

So next time you're stumped, log in to your local library!

How do I get my hands on all this?

It's easy as pie. If you don't have a library card, your first step is to get one. Join online or visit any library with some ID to get yours – it's free. Then log on to **www.newham.gov.uk/librariesonline** and the list of resources will appear. If you're prompted for a login, use the number on the front of your library card.

Log into libraries



CHOOSE FROM MORE THAN

5 MILLION

ITEMS EVERY DAY

NEWHAM'S
LIBRARIES



CLASSROOM COP

Six years ago the Government published guidelines to help schools build stronger relations with their local police forces. The measures gave schools the opportunity to work closely with the police to tackle issues such as anti-social behaviour and truancy.

Today there are 14 police officers and four PCSOs based permanently in schools. Pc Neil Lawrence has worked in the Metropolitan Police Service for more than 12 years and for the past three years has been based in a Newham secondary as a safer schools officer. As well as keeping the school, students, teachers and parents safe, his role extends to creating a comfortable and welcoming learning environment. He works closely with students to ensure they are respectful and aware of the consequences of their actions, both on and off the premises.

When he first joined the school he was met with apprehension and suspicion, with many parents concerned about the reasons for him being there. He explained: "A lot of people were alarmed about why an officer was now based on site. Many assumed that this was because problems inside were so bad that a police presence was needed to bring things under control. The fundamental job of any officer is to ensure people feel safe and look after their welfare, but this is just one element of what I bring to the role."

"It's my job to build a relationship with students and gain their trust and respect"

Part of building trust and earning the young people's respect comes from engaging them in activities and helping them to understand right from wrong. Although Pc Lawrence delivers some lessons and assemblies, using them as an opportunity to talk to pupils about crime-related concerns, including drugs and knife crime, he finds sport a great team building tool. Linking with the PE department he has helped coach basketball and football, arranged tournaments and during the holidays he has teamed up with the council to

provide sports activities; he has even taken some youngsters on climbing expeditions as a reward for demonstrating positive behaviour.

"The fundamental job of any officer is to ensure people feel safe and look after their welfare, but this is just one element of what I bring to the role."

Pc Lawrence understands that secondary school can be one of the most difficult times for a young person. The transition for many 11-year-olds is not just from primary to secondary but from a child to a young person. As an officer he's not just concerned with keeping an eye on those at risk of offending but also those at risk of becoming victims. He works to eradicate truancy and if it does happen tries to identify why. All students are taught that their secondary is not just a school but also a community. Everyone is encouraged to fully participate with the community, both inside and outside the gates.

Within any school it is imperative that students feel safe, so they can learn without anxiety or disruption. Pc Lawrence's role, and the role of other safer schools officers, is to work with staff to educate pupils about their responsibilities and how their actions could result in problems, from getting detention to breaking the law. Neil said: "I believe I have built fantastic relationships with not just the staff and students but with student's families and the local community. Some young people don't realise or fully consider the consequences of what they do. This could be anything from taking part in annoying but harmless prank to something more serious like experimenting with drugs. It's my job to build a relationship with students and gain their trust and respect. Once I'm in that position it allows me to work with staff and parents to address any behaviour issues or concerns that the students may have.

"I feel privileged to be working as part of a team and I'm looking forward to building on what we have already achieved."





**METROPOLITAN
POLICE**

Working together for a safer London



NEWHAM

>> IN FOCUS



Group with Cllr Sathianesan

UEL graduates celebrated

Graduates from the University of East London (UEL) were celebrated in an awards ceremony hosted by National Mentoring Consortium (NMC) at the university's Stratford Campus. The event, sponsored by the Department of Health Equality and Human Rights Group and the NHS Institute for Innovation and Improvement, recognised the contribution of Black, Asian and other Minority Ethnic Groups (BAME) whose contribution, past and present, has had a positive impact on our health service.

Councillor Paul Sathianesan, Deputy Civic Ambassador for Newham and an honorary fellow of UEL, shared his experiences as someone from an ethnic background who came to Britain as a refugee and made an impact upon his local community. Joe Greenland, Director of the National Mentoring Consortium, praised the graduates, saying: "Without the past there can be no future, and we are proud to recognise the achievements of past UEL graduates."

Safeguarding adult report launch



Cllr Joy Laguda (l) and Deputy Mayor Cllr Christine Bowden (r) at the launch

The council joined key partners for the launch of the safeguarding adults annual report. In attendance were representatives from Newham Police, Newham University Hospital Trust, Newham Primary Care Trust, Ekta and domiciliary and residential care providers from the borough. A speaker from action on elder abuse presented the group with a case study. The groups also discussed examples of good practice and achievements throughout the year. For more information on the work of the safeguarding team turn to page 24 or to read the report visit www.newham.gov.uk and click on the Say No to Abuse icon.

Building a picture of construction

A new campaign to show Newham's young people the benefits of a career in construction is in full swing.

Outreach teams are visiting more than 150 community organisations, charities and places of worship, speaking directly to young people and their peers. The teams are also making their way around Newham's secondary schools and colleges.

With huge regeneration taking place in Newham, and across London, growth in this sector is expected to be steady despite a general economic downturn affecting other industries.

The project is being led by ConstructionSkills, who predict recruitment in the industry will need to increase in order to meet the skills needs of these projects. To find out more visit www.bconstructive.co.uk or www.bebo.com/positiveimage



Reality of carrying a knife

Carry a knife and the consequences will follow was the stark message to shoppers in **STRATFORD**. A group of actors, including paramedics, doctors, family members, police officers and pall bearers, took to the Mall, Meridian Square and Theatre

Square during a busy Saturday afternoon to highlight the dangers of carrying a knife and the devastating consequences. The stunt was part of phase two of the Metropolitan Police's Operation Blunt, a campaign to curb knife crime in the capital.

Into Africa with language courses

The African Language School in **PLAISTOW** is a real one of a kind. The idea behind it is about reconnecting and is based on the fact that African languages will help the black community to identify themselves with their African heritage. But the courses are open to all. Languages covered include Twi, Ga, Amharic and Swahili. With new students coming from across the capital, why not take advantage of this gem on your doorstep?

Classes for adults are on Tuesday, Wednesday and Friday evenings and for children on Saturdays. Fees: adults £120 per term/children £84 per term (adults £10/children £7 per session). For more information call 020 8471 2258 or email info@theafricanlanguages.com.

YOGA NEAR YOU

Ease the pressures of daily life by chilling out with yoga at a community centre near you. Join Newham resident Olwen Couldridge MBE and stretch and breathe your way to a better, more relaxed life. Olwen has been teaching yoga for more than 25 years and despite her age (which we're too polite to mention) holds three daily sessions, five times a week for people of all levels. It's not just adults that need to relax – Olwen also offers pre school sessions for youngsters. You can turn up for individual classes or book a term-time course of ten or 12 sessions – most work out to an inflation busting £2 per session! For more information contact your local centre and ask about yoga sessions at: Flanders Community Centre, E6: 020 8472 4020; Pilgrims Way Church and The Well, E6: 020 8586 6868; Tamil Sangam, E12: 020 8471 7672; Shalom Centre, E12: 020 8472 3571; Katherine Road Community Centre, E7: 07931 332 126; Beckton Globe, E6: 020 8430 4020; Upton Centre, E13: 020 8552 8647.

Jazz up your Saturday night

St Edmund's Music Group from **FOREST GATE** presents a jazz concert on Saturday 27 September at 7.30pm. The night will be a tribute to jazz legends John Coltrane and Miles Davis and will feature Marius Rudnick on tenor and soprano saxophone and flute, Richard Madgwick on piano, Sid Thompson on drums and John Parmenter on bass. Tickets on the door are £5 / £4 concessions. Family ticket £12 (includes interval wine and light refreshments). Everyone is welcome so come along and hear the fantastic music! St Edmund's Centre, 464 Katherine Road, Forest Gate E7 6PN



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
**KIDS' CORNER, ROOM 59,
NEWHAM TOWN HALL,
EAST HAM E6 2RP**

Gallery



Hardeepak Singh, 8



Asfi Raihan



Ayyana Niaz, 5



Hafsa Adel, 8

Flying like rockets across the air
So smoothly and fast
At home or at fair
Loud and great.

I love all the colours
All shooting around
It's a phenomenal site,
Meeting up with your family.

Running with your hot chips
That belly's hungry feed it some chips
Sit down and watch
Your eyes are staring.

Everyone enjoying it
Glaring and concentrating
You can only hear the bangs
Everyone quiet no one speaking.

Waiting for it to start
Excited with your family
Phones out ready to film
Count down till it starts.

Our families wait
It starts with a bang
All you can hear is the oooos
And ahhs at the fireworks.

Racing around
I find it better to look at them
Than looking though a camera
Trying to film them.

Keep your eyes open
Don't want to miss it
Be expensive buying all them
Fireworks.

Fireworks by Lewis Pearl, Age 10

Lewis's poem won a prize on Whitechapel Hospital Radio. Congratulations Lewis!

Poem

Across

5. Unwell (3)
7. Potatoes, parsnips and cabbages (10)
9. Circuit of a track (3)
10. They grow crops and keep sheep and cows (7)
11. Vegetable which can make you cry when you cut it (5)
12. Cross and furious (5)
13. Actor who plays Jack Sparrow in 'The Pirates Of The Caribbean' movies (4)
15. Place on the internet for spiders? (7)
17. Dark red vegetable eaten cold in salads (8)

Down

1. Re-arrange YCREEL to find another vegetable! (6)
2. Farm birds (5)
3. Long, pointed orange vegetables (7)
4. In ancient Rome a man who took part in public fights (9)
5. Land completely surrounded by water (6)
6. Computer which can be carried around (6)
8. Farm buildings (5)
14. Opposite of west (4)
16. Yellow and black insect which can sting (3)

Crossword



Answers

Across 5. Ill 7. Vegetables 9. Lap
10. Farmers 11. Onion 12. Angry 13. Depp
Down 1. Celery 2. Geese 3. Carrots
4. Gladiator 5. Island 6. Laptop 8. Barns
14. East 16. Bee

YOUR SPACE

a place where you can read about what other young people in Newham know and love

What's great about where you live? What are the issues you want to voice and what advice can you share with others? If you're between 11 and 19-years-old we want to hear from you. Send your ideas for stories and news to us; our contact details are on page 3.

This issue, James Beckles, 26, has hijacked Your Space to give you the benefit of his few extra years' wisdom! Read the full article and more on learning and training opportunities for young people at www.newhamsussed.co.uk

"I work for Newham Council's Children and Young people's Service in Stratford, which also happens to be where I have lived for all my years. As Newham is where I live, I have always had a strong affiliation with the area and the people who make up a diverse community.

"I did A-levels in History, English and Government and Politics. I picked the subjects I enjoyed most during my GCSEs and thought they would be a good first step to studying law, as I wanted to do it at university and because, let's face it, the law makes up every aspect of our lives... a little legal joke.

"I studied Law at London Metropolitan University and graduated with honours, so that was a relief. I wasn't sure what I wanted to do after uni, but had enjoyed my course, especially criminal law. So I decided to do a masters degree at the University of Westminster in Crime, Human Rights and the International Community.



"Coincidentally one of the projects I am working on now involves gathering data about youth crime and anti-social behaviour and analysing how the borough compares with its neighbours and the nation as a whole. So my time in university has been beneficial in developing my research and analytical skills. This work will make up a section of the Children and Young People's Plan, which will have an impact on all children in Newham. It is good to know that a small project that I'm doing will contribute to service provision for all young people in Newham.

"There are challenges, but these make the job more interesting. Every step of the way there is a lot of support from my line manager, the graduate co-ordinator and my fellow graduates. I get to apply the theoretical knowledge from uni with the practical day to day work of my placement, so I'm getting a great opportunity to work and study."

**For jobs at Newham Council
visit www.newham.gov.uk/jobs**

WHAT'S ON?



20 SEPT – 4 OCT

ALL LIBRARY LISTINGS

UNDER 5s GROUPS

All open to under fives with their parents/carers.

Storytelling

Beckton Globe Every Friday 10-11am

Canning Town Every Monday 10.30-11.30am

Custom House Every Tuesday 10.15-11.15am

East Ham Every Wednesday 2-3pm

The Gate Every Friday 11am-12noon

Green Street Every Thursday 10.30-11.30am

Manor Park Every Thursday 10.30-11.30am

North Woolwich Every Thursday 2-3pm

Plaistow Every Tuesday 11am-12noon

Stratford Every Tuesday 11am-12noon and every Friday 2-3pm

Crafts Club

Manor Park Every Tuesday 10.30-11.30am

Crafts & Computer Club

Stratford Every Monday 10.30-11.30am

Toy Library

Beckton Globe Every Monday 10am-12noon and every Thursday 1-3pm

East Ham Every Tuesday 10am-12noon and every

Thursday 10am-12noon

Messy Play

Beckton Globe Tuesdays during school term 1.30-2.30pm

Imaginative Play

East Ham Every Friday 10.30-11.30am

ADULT READING

Gujarati Reading Group

Green Street Thursday 25 September 2pm-4pm

OTHER GROUPS

Over 50s Club

Beckton Globe Every Tuesday 9.45-11.45am

Click-On

East Ham Friday 3 October 10am-12noon and 2-4pm

Plaistow Friday 26

September 10am-12noon and 2-4pm

Writers Group

The Gate Tuesday 30 September 5.30-7.45pm

YOUNG PEOPLE

Homework Club – For young people aged seven to 14. School term only.

Beckton

Every Tuesday 4-6pm

Canning Town

Every Saturday 10am-12noon

Custom House

Every Saturday 10am-12noon

East Ham Every Monday 4-6pm

The Gate Every Thursday 4-6pm

Green Street

Every Tuesday 4-6pm

Manor Park

Every Saturday 10am-12noon

North Woolwich Every

Thursday 3.30-5.30pm

Plaistow Every

Thursday 4-6pm

Stratford Every Monday 4-6pm

Children's Games Club – For children aged five to 12.

Canning Town Thursdays 25 September 4-6pm

Games Club – PS2 and Xbox games, music, board games and more activities for ages eight to 13.

Custom House Every

Saturday 2-4pm

East Ham Every Tuesday 3.30-5.30pm

Manor Park Every

Thursday 4-6pm

Teenage Games Club

– PS2 and Xbox games, music, board games and many more activities for ages 12 to 16.

Beckton Every Monday and every Wednesday 3-5pm

Family Reading Group – A chance for children aged five to 11 and their families to read together and have fun.

The Gate Saturday 27

September 2.30-4pm

Teen Xtra Evenings – Free activities for young people aged 12 to 21.

The Gate Every Friday 6-8pm

Stratford Playerz

Stratford Friday 25

September 5.30pm-7.30pm

LIBRARY ADDRESSES

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 8430 4063

Canning Town Barking Road, E16 4HQ. 020 7476 2696

Custom House Prince Regent Lane, E16 3JJ. 020 7476 1565

East Ham High Street South, E6 6EL. 020 8430 3647

The Gate 4-20 Woodgrange Road, Forest Gate E7 0QH. 020 8430 3838

Green Street 337-341 Green Street, E13 9AR. 020 8472 4101

Manor Park Romford Road, E12 5JY. 020 8430 2207

North Woolwich 5 Pier Parade, E16 2LJ. 020 8430 5900

Plaistow North Street, E13 9HL. 020 8472 0420

Stratford 3 The Grove, E15 1EL. 020 8430 6890
Archives and Local Studies: 020 8430 6881



ESTATE BASED SPORTS

Sessions are open to 12-18 year-olds, free unless otherwise stated and for all abilities. For more information call 020 8430 2484 or visit www.newham.com/2012Games

Athletics

Every Friday 4.30-6pm, eight-19 years, Drapers Field

Basketball

For ages eight-19 unless otherwise stated.

Leyton Orient Community Sports Programme (LOCSP)

Every Monday 4.30-6.30pm Winsor Park

Every Monday 7-9pm Froud Community Centre

Every Tuesday 5-7pm

Royal Victoria Gardens

Every Tuesday 7.30-9pm

Plaistow Park

Every Wednesday 5-7pm

Memorial Park

Every Wednesday

5-6.30pm

New Beckton Park

Every Thursday 4.30-6.30pm

Priory Park

Every Thursday 5.30-7.30pm

Barking Road Rec

Every Friday 5-6.45pm

Forest Gate Youth Centre

Every Friday 5-7pm

Lister Gardens Park

Every Tuesday

4.30-6pm, girls 11-16 years

Sarah Bonnell School

Every Thursday

6-8pm, 12-16 years

Cumberland Sports College

Every Friday

4.15-5.30pm, eight-11 years

5.30-7.30pm, 12-16 years

Cumberland Sports College

Every Saturday

11am-1pm, eight-11 years

Sarah Bonnell School

Youngbloods

Basketball Club

For more information please contact Caroline Charles 07958 307657 or Steven on 07940 111175.

Every Tuesday 6-8pm, under-15s and under-14s

East Ham Leisure Centre

Every Tuesday 8-10pm,

under-18 and under-16 boys

East Ham Leisure Centre

Every Tuesday 5.30-7.30pm,

under-16s and under-15s

Newham Leisure Centre

Every Thursday 6-8pm,

under-15 boys national league

Newham Leisure Centre

Every Saturday 1-3pm, under-

13s and minis

East Ham Leisure Centre

Cricket

Every Thursday

5-7pm, eight-to-16 years

Newham Cricket Club

Langdon School

£1 per session

Every Tuesday

5.30-7pm, eight-to-19 years

Score Indoor Complex

Every Thursday

4.30-6pm, eight-to-19 years

Drapers Field

Football

Every Monday 6-8pm

Plaistow Park

Every Tuesday 5.30-7.30pm

Little Ilford Ball Cage

Every Tuesday 5-7pm

Stratford Park

Every Tuesday 5-7pm

Phoenix Cage

Every Wednesday

4.30-6.30pm

Royal Victoria Gardens

Every Wednesday

5-7pm, eight to 19 years

Stratford Park

Every Wednesday

7.30-9.30pm, 16+ years

(£2 charge)

Score Complex

Every Thursday 5-7pm

Scud Park Ball Cage

Every Thursday 6-8pm

Forest Gate Youth Centre

Every Friday

4-5.30pm (term time only)

St John's Community Centre

Every Friday 6-8pm

Priory Park Ball Cage

Every Saturday

2-4pm, six to 14 years (£3

charge) Score Complex

Ascension Football

Academy

For more information please contact Louise on 07841 749292.

Every Saturday

School years R-3:

9.30-10.30am

School years 4-7:

10.45-11.45am

School years 8-11:

12noon-1.30pm

£2.50 per child per session

King George V Park

Newham All Star Sports Academy(NASSA)

for more information please visit www.nassa2012.org.uk

Mondays

Newham Leisure Centre

18.00-19.30 12-16yrs mixed

19.30-21.00 18+

Tuesdays

16.30-18.00 at

Sarah Bonnell

Deanery Road

Stratford

E15 4LP (girls 11-16)

Thursdays

18.00-20.00

Cumberland Sports College

Oban Close

E13 8SJ

mixed (11-16 yrs)

Fridays

16.15-15.30 (Mixed 8-11yrs)

15.30-19.30 (Mixed 12-16yrs)

Cumberland Sports College

Oban Close

E13 8SJ

Saturdays

11-13.00

Sarah Bonnell

Deanery Road

Stratford

E15 4LP (Mixed 8-11yrs)

Estates Football and Basketball League

Every Monday

6-8pm, under-14s and

under-17s

Score Complex Hard Court





Every Tuesday 5.30-7pm,
under-12s and under-14s
Drapers Field
Every Friday 6-8pm,
under-14s and under-17s
Leyton Manor Park

Newham Swords Fencing Club

Every Thursday 6-8.30pm
Kingsford School
Every Friday 6-8.30pm
Lister School
Ages eight-18-year-olds
Mini-fence sessions for five-
seven-year-olds
For more information call Linda
on 07956 618 898

Football and Basketball

Every Monday 4.30-6.30pm
Winsor Park
Every Wednesday 5-7pm
New Beckton Park Ball Cage
Every Wednesday
4.30-6.30pm
Ford Park
Every Wednesday 6-8pm
Plashet Park
Every Thursday 4.30-6.30pm
Priory Park Ball Cage
Every Thursday 5.30-7.30pm
Barking Road Rec
Every Friday 5-7pm
Lister Gardens Park
Every Friday 5-7pm
Canning Town MUGA

Multi-Sports

Every Monday
5-7pm, eight to 19 years
Langthorne Park
Every Monday
5-7pm, eight to 19 years
Alma Street MUGA
Every Tuesday 4-5pm
Carpenters and Docklands
Centre (term time only)
Every Tuesday
5-7pm, eight to 19 years
Stratford Park
Every Wednesday 4-5pm
Carpenters and Docklands
Centre (term time only)
Every Wednesday
5-7pm, eight to 19 years
The CAGE (Chatsworth Active
Games Enclosure)
Every Wednesday 5-7pm
Stratford Park
Every Wednesday
4-6pm, 10 to 19 years
Cann Hall Park
Every Wednesday
5-7pm, eight to 19 years
Major Road Ball Park
Every Thursday
5-7pm, eight to 19 years
The CAGE

Stratford Table Tennis Club

Every Wednesday
6.30-9.30pm

Stratford Secondary School

Eastlea Handball Club

Every Thursday 4-5pm
11 to 18 years
Eastlea School
Every Thursday 5-6pm
four to 11 years
Eastlea School

Stratford Handball Club

Every Monday 3.15-4.15pm
11 to 18 years
Stratford Secondary School
Mondays 4.30-5.30pm
four to 11 years
Stratford Secondary School

Venue Addresses

Alma Street MUGA
Stratford E15
Barking Road Rec
Burgess Road, East Ham E6
The CAGE (Chatsworth
Active Games Enclosure)
Cruickshank Road, Stratford
E15
Cann Hall Park
Off Cann Hall Road, E11
Canning Town MUGA
Corner of Freemasons Road
and Sophia Road, E16
Carpenters and
Docklands Centre
98 Gibbins Road, Stratford
E15 2HU
Cumberland School
Sports College
Oban Close, Plaistow E13 8SJ
Drapers Field
Temple Mills Lane, off Leyton
High Road, E15
East Ham Leisure Centre
324 Barking Road,
East Ham E6 2RT
Ford Park, Canning Town, E16
Forest Gate Youth Centre
Woodgrange Road, E7

Froud Centre
Toronto Avenue,
Manor Park E12 5JF
Langthorne Park
Off Leytonstone High
Road, E11

Leyton Manor Park
Off Capworth Street,
Leyton E10
Lister Gardens Park
Corner of Upper Road and
Florence Road, Plaistow E13
Little Ilford Ball Cage
Reynolds Avenue,
Manor Park E12
Major Road Ball Cage
Stratford E15
Memorial Park
West Ham E15
New Beckton Park Ball Cage
Savage Gardens, Beckton E6
Newham Leisure Centre
281 Prince Regent Lane,
Plaistow E13 8SD
Phoenix Cage
Milner Road, West Ham E13
Plaistow Park
Balaam Street, Plaistow E13
Plashet Park
Woodhouse Grove,
East Ham E6
Priory Park Ball Cage
William Morley Close,
Upton Park E13
Royal Victoria Gardens
Pier Road, North
Woolwich E16
Sarah Bonnell School
Deanery Road,
Stratford E15 4LP
Score Complex
100 Oliver Road
Leyton E10 5JY
Scud Park Ball Cage
Tant Avenue,
Canning Town E16
Stratford Park
Densham Road,
Stratford E15
St John's Community Centre
Albert Road, North
Woolwich E16
Winsor Park, Warwall,
Beckton E6





ALL OTHER LISTINGS

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Mondays at Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School from 4 to 5.30pm

Multi-Activities

People with Disabilities Club, Tuesdays at Newham Leisure Centre from 10.30am to 12midday

Swimming

People with Disabilities Club, Tuesdays at Newham Leisure Centre from 3 to 5pm
Newham Otters Swimming Club, Saturdays at Newham Leisure Centre from 4.45 to 5.45pm

Trampolining / Fitness / Swimming

SEN and disabled adults at Newham Leisure Centre, Tuesdays from 10am to 4pm

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30 to 3.30pm. To book an induction you must contact Andrew Nippard on 020 7511 4477

New Age Kurling

Wednesdays at Newham Leisure Centre, 4 to 5.30pm. FREE

Goalball

First Thursday of the month

at Newham Club, Brampton Manor School from 5 to 7pm

Trampolining

Fridays at Newham Leisure Centre from 4 to 5pm. Please book places in advance due to limited places. Call Andrew Nippard on 020 7511 4477 or email andrew.nippard@newham.gov.uk

Wheelchair Football

West Ham United Power Wheelchair Football Club, Saturdays at Eastlea Community School from 1 to 2pm

B1 Football Club

Third Sunday of every month at East Ham Leisure Centre from 10am to 12midday

COMMITTEE MEETINGS

20 September – 3 October 2008

The following meetings all take place at the Newham Town Hall unless specified.

Audit Board

Monday 22 September 7pm

Overview and Scrutiny Committee

Tuesday 23 September 7pm

Newham Partnership

Board Thursday 25 September 3.30pm

Cabinet

Thursday 25 September 5pm

Standards Committee

Monday 29 September 6.30pm

Meetings are subject to cancellation. Details of meetings, agendas and minutes are available on the Newham website – www.newham.gov.uk

OTHER EVENTS

Get Fit @ The Hub

123 Star Lane, Canning Town, London E16 4PZ
Equipment provided
Mondays 1-2pm, 18+
£2 unwaged / £4 waged

Stratford Circus

Theatre Square
Stratford
London
E15 1BX
Box Office: 020 8279 1015

Circus Minimus

Saturday 27 September, 3pm & 5pm (limited capacity)
Tickets: £5
A tiny circus with big dreams! Circus Minimus puts a magical spin on everyday life and takes audiences diving into dreams and flying to the stars. Everyday things are transformed – feathers become flying birds, look in a tin bath and Sheila the fish might squirt you with water! An intimate show for the very young. Ages 2–4 years

Darren Shan

Sunday 5 October, 4pm
Tickets: £3

The master of horror is back with Book Eight in the number-one best-selling series The Demonata. In Wolf Island, the curse of the Gradys has returned with a vengeance. Werewolves are on the loose. And they're hungry... Meet Darren Shan (if you dare!) for this very special talk, reading and book signing. Ages 11+

Tariq Ali

Thursday 2 October, 7pm

Tickets: £5

Reading from his new book The Duel, Tariq Ali draws on extensive first-hand research and personal knowledge of many of the key players involved to assess the causes and consequences of Pakistan's rapid spiral into political chaos.

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/yourcouncillor

Write to Mayor Sir Robin Wales at Newham Town Hall, Barking Road, East Ham E6 2RP or email mayor@newham.gov.uk

For information about Community Forums freephone 0800 519 4015 or email community.forums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www.newham.com/2012Games

To report anti-social behaviour call Newham's 24-hour hotline on 0800 731 3300

To speak to the editor of The Newham Mag, call Anita Plaha on 020 8430 2000 or email mag@newham.gov.uk

THEATRE ROYAL

— STRATFORD EAST —

2007 LAURENCE OLIVIER AWARD WINNER

Where the big bands play

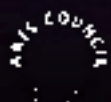


**A new musical by the legendary
RAY DAVIES**

Tickets and information: **020 8534 0310**

Book online: **www.stratfordeast.com**

Supported by Grange Park Opera



If you'd like to **stop smoking**
we can help you out.
Pop in to a **drop-in** for real
support from real people.

Newham's Stop Smoking Drop-ins



Newham's four Stop Smoking Drop-in venues* are ready and waiting to help you kick the habit.

Pop in for **FREE** friendly advice and support from people with real experience of helping others stop smoking and get access to nicotine replacement therapy (gum, patches etc).**

It's that simple, so don't miss out...drop-in!

The Venues

Health Information Centre (Zone 1) Newham University Hospital

Glen Road, Plaistow, E13 8SL
Tuesdays 10am – 4pm

St John's Church, Stratford

Stratford Broadway, E15 1NG
Saturdays 10am - 12pm
Wednesdays 11:30am - 1:30pm

The Hartley Centre, East Ham

267 Barking Road, E6 1LB
Saturdays 10am - 12pm

Canning Town & Custom House Regeneration Project Office

20 Freemasons Road
Custom House, E16 3NA
Saturdays 10am - 12pm

For further information: Call 0800 013 1673 or text 'QUIT' to 60155

* Each drop-in will remain in operation every week until such a time that the service is no longer viable. Service provision will be reviewed by Newham Stop Smoking Service every 3 months and a decision made to continue with, or end the service in a designated area will be made at that stage. We will try to notify service users directly if a service ceases.

** One prescription charge per week will be collected for the first 4 weeks, then one prescription charge every 2 weeks will be collected thereafter. A maximum of 12 weeks NRT may be supplied. Continued supply of medications is subject to terms and conditions.